



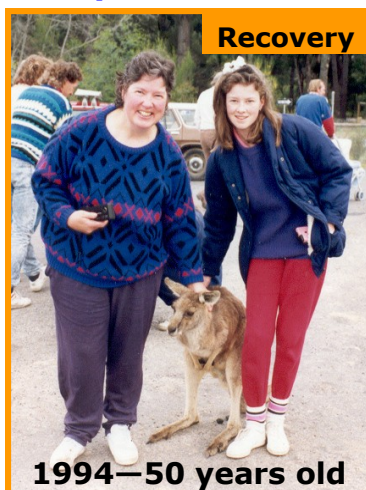
October

Did you know that polio survivors today form the largest single physical disability group in the country?

Yes, We're Still Here!

Tens of thousands Australians contracted paralytic polio between the 1930s and 1960s and as they head into their senior years, the development of new symptoms can occur, commonly known as the "Late Effects of Polio".

View or sign up to the Australian Polio Register at www.polioaustralia.org.au



2005—60 years old

Symptoms of the Late Effects of Polio include . . .

- ~ unaccustomed fatigue unrelated to activity
- ~ decreased strength and endurance
 - ~ pain in muscles and/or joints
 - ~ an inability to stay alert
- ~ weakness and muscle atrophy
 - ~ muscle and joint pain
 - ~ muscle spasms/twitching
- ~ respiratory and sleep problems
- ~ swallowing or speaking difficulties

This October show your support for Australia's polio survivors and

Wear Orange

because

"We're Still Here!"

Find out more

Polio Australia

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www.polioaustralia.org.au

For information about your state Polio Network contact:

Polio Australia Month